



Celebration of International Day of Peace 2021



All are Welcome to Join our Free Virtual Program

TUESDAY SEPTEMBER 21 ~ 11 AM - 1 PM EST

Event includes gentle movement (asanas), breath-work (pranayam), meditation, music, and a keynote speech.

Yoga is an ancient and universal gift that offers inner peace, promotes environmental stewardship, and cultivates fellowship among humans of all nations, races, and cultures. Foundational to the practice of yoga, inner peace, and world peace is ahimsa ("non-violence"). This celebration features keynote speaker, Vishwaguruji Paramhans Swami Maheshwarananda, who has dedicated his life to the teaching of ahimsa and its role in fostering a culture of peace on Earth.

To receive your unique meeting link please
register at: <https://tinyurl.com/IDP-YIDL-2021>
or, scan the QR code:



More info at www.yogaindailylife.org